



NEWSFLASH

Your Medihelp 2027 Update

Benefit and contribution changes

7.5%

Weighted Average Increase



FINDING A BETTER WAY

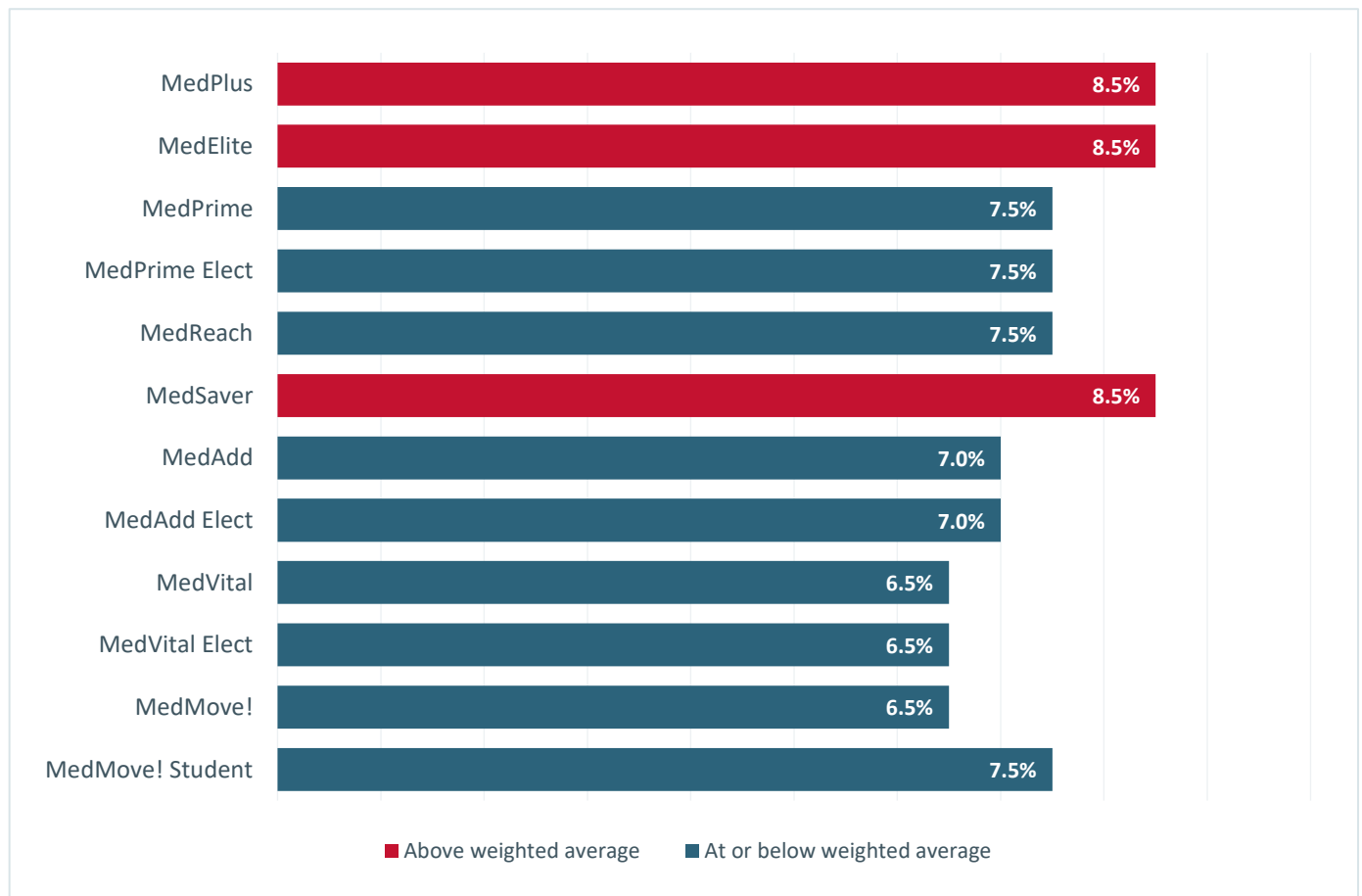
Medihelp *increases*

7.5%

Weighted average

Welcome to your Medihelp 2027 update. Medihelp Medical Scheme has announced a weighted average contribution increase of 7.5%. The scheme's strategy for the upcoming year, themed "Return on Health," focuses on enhancing value for members, particularly younger families and students.

INCREASE PER OPTION | 2027



8.5%

Highest increase

MedPlus, MedElite and MedSaver



6.5%

Lowest increase

MedVital, MedVital Elect and MedMove!



7.5%

At the weighted average

MedPrime, MedPrime Elect, MedReach and MedMove! Student



Only MedPlus, MedElite and MedSaver (8.5%) increase above the 7.5% weighted average; MedAdd, MedAdd Elect, MedVital, MedVital Elect and MedMove! increase below it. Review whether your current option still fits your needs and budget.

Benefit updates for 2027

2027 BENEFIT ENHANCEMENTS AND CHANGES



Care Extender Benefit

This new benefit is designed to reward members for proactive health management.

How to Activate: Members must complete their basic health screenings (as part of the Benefit for Preventive Care).

Incentive: Once activated, the family gains access to:

- Two additional GP consultations (paid by the scheme, not from savings).
- R1,050 for self-medication and acute medication.

Note: This benefit is available on all plans except MedMove!



Enhanced Mental Health Support (Out-of-Hospital) MedMove!

Medihelp is placing a stronger emphasis on mental wellness, particularly for its younger members.

New Benefit: A dedicated out-of-hospital benefit specifically for the treatment of depression.

Inclusion: This benefit has been added to the MedMove! plan, ensuring entry-level members have access to mental health support.



Emergency Care for Children and Students

To provide peace of mind for parents and students, Medihelp has removed the financial barrier to urgent care.

Coverage: Emergency room consultations for children and students up to the age of 19.

Benefit Structure: These consultations are paid by the scheme and do not deplete the member's day-to-day benefits or medical savings account.



Enhanced Maternity Benefits

The maternity offering has been expanded to provide more comprehensive prenatal and postnatal care.

New Services: The benefit now covers consultations with:

- Clinical Psychologists (to support mental health during/after pregnancy).
- Lactation Specialists.
- Dietitians.

Existing Support: Continues to include antenatal classes with private nurse practitioners.

STRATEGIC FOCUS: "RETURN ON HEALTH"

For 2027, Medihelp is positioning itself as a partner in health rather than just a funder of sick care. Key highlights of this strategy include:



Targeting the Youth

With an average member age of 35, the scheme is focusing on benefits that appeal to younger professionals and families (mental health, pediatric ER, and tech-enabled fitness).



Preventative Care

The "Care Extender" benefit is a direct attempt to shift member behavior toward early detection and wellness.



Return on Health: 2027 benefits focus on mental health, emergency care for children and students, maternity support and rewarding members who complete their preventive health screenings.

Medihelp *contributions*

2027 contributions as per the Medihelp rates schedule

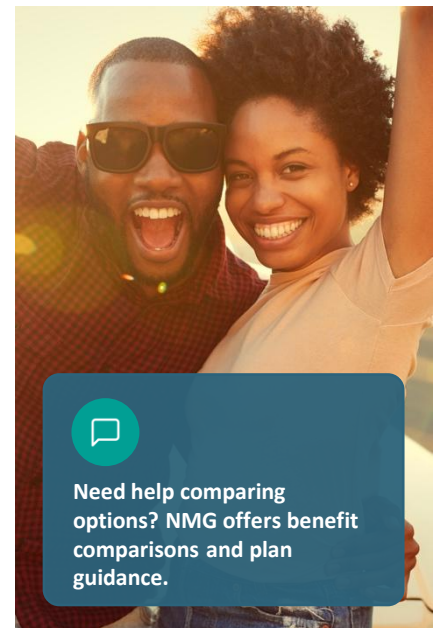
Option	Main member	Spouse	Child
MedPlus	R 16 800	R 16 800	R 4 194
MedElite	R 9 678	R 9 060	R 2 622
MedPrime	R 6 222	R 5 262	R 1 818
MedPrime Elect	R 5 100	R 4 302	R 1 482
MedReach	R 3 612	R 2 832	R 1 176
MedSaver	R 4 620	R 3 798	R 1 422
MedAdd	R 4 320	R 3 642	R 1 464
MedAdd Elect	R 3 408	R 2 670	R 1 188
MedVital	R 3 300	R 2 532	R 1 134
MedVital Elect	R 2 568	R 1 866	R 1 080

MEDMOVE!

Band	Main member	Spouse	Child
R901+	R 1 848	R 1 848	R 1 848
R0 – R900	R 864	R 864	R 864

How to read this

Main member, Spouse and Child columns show the contribution for each option as listed in the Medihelp rates schedule. MedMove! has two bands (R0 – R900 and R901+), with the same amount for the main member, spouse and each child.



Need help comparing options? NMG offers benefit comparisons and plan guidance.



Our consultants are fully accredited with the FSCA, the Council for Medical Schemes and your medical scheme.

We recommend that you consult with NMG and review the detailed medical scheme brochures when selecting a plan or making a plan change.

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